

April-18

Whole Grain Requirement in Red

*All cereal served is 6g of sugar or less.

Milk is served with all breakfasts and lunches. (under 2 whole milk/over 2 fat free or 1% is served)
*Juice served is 100%

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Breakfast	Cereal, Juice, Milk	English Muffin, Apple, Milk	Cereal, Banana, Milk	Bagel, Fruit Cup, Milk	Cheerios, Juice, Milk
Lunch	Peanut Butter & Jelly, Cheese Stick Pineapple, Carrots, Milk	Chicken Nuggets Wax Beans, Tropical Fruit, Milk	Bologna & Cheese on Wheat Fruit Cocktail, Peas, Milk	Pizza Apricots, Green Beans, Milk	Turkey & Cheese Roll Up Mixed Fruit, Pickles & Olives, Milk
Snack	Applesauce & Pretzels	Ritz Crackers & Cheese Stick	Animal Crackers & Milk	Juice & Goldfish	Banana & Graham Crackers
	9	10	11	12	13
Breakfast	Cereal, Juice, Milk	Bagel, Applesauce, Milk	Cereal, Banana, Milk	Breakfast Bread, Oranges, Milk	Cheerios, Juice, Milk
Lunch	Peanut Butter & Jelly, Cheese Stick Fruit Cocktail, Peas, Milk	Mac n Cheese, Ham Slice, Bread Green Beans, Pineapple, Milk	Ham and Cheese on Wheat Pears, Mixed Vegetables, Milk	Pizza Apricots, Wax Beans, Milk	Bologna & Cheese Roll Up Mixed Fruit, Corn, Milk
Snack	Mixed Fruit & Gold Fish	Cheez Its & Juice	Apple & Cheese Stick	Juice & Pretzels	Ritz Crackers & Milk
	16	17	18	19	20
Breakfast	Cereal, Juice, Milk	Blueberry Muffin, Applesauce, Milk	Cereal, Banana, Milk	English Muffin, Mixed Fruit, Milk	Cheerios, Juice, Milk
Lunch	Peanut Butter & Jelly, Cheese Stick Carrots, Fruit Cocktail, Milk	Meatloaf, Cheese Slice, Bread Green Beans, Peaches, Milk	Turkey & Cheese on Wheat Apricots, Wax Beans, Milk	Pizza Corn, Tropical Fruit, Milk	Ham and Cheese Roll Up Mixed Vegetables, Pears, Milk
Snack	Graham Crackers & Milk	Animal Crackers & Juice	Fruit Cup & Cheese Crackers	Savory Cracker Mix & Juice	Cheese Stick & Oranges
	23	24	25	26	27
Breakfast	Cereal, Juice, Milk	Breakfast Bread, Applesauce, Milk	Cereal, Banana, Milk	Bagel, Fruit Cup, Milk	Cheerios, Juice, Milk
Lunch	Peanut Butter & Jelly, Cheese Stick Peas, Pears, Milk	Egg Patties, Pancakes Peaches, Sweet Potatoes, Milk	Bologna & Cheese on Wheat Tropical Fruit, Carrots, Milk	Pizza Mixed Vegetables, Pineapple, Milk	Turkey & Cheese Roll Up Green Beans, Applesauce, Milk
Snack	Animal Crackers & Milk	Juice & Pretzels	Apple & Cheese Stick	Cheez Its & Juice	Mixed Fruit & Gold Fish
	30				
Breakfast	Cereal, Juice, Milk				
Lunch	Peanut Butter & Jelly, Cheese Stick Green Beans, Peaches, Milk				
Snack	Ritz Crackers & Milk				

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*Juice served is 100%

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
Breakfast		English Muffin, Apple, Milk	Cereal, Banana, Milk	Bagel, Fruit Cup, Milk	Cheerios , Juice, Milk
Lunch		Chicken Nuggets Wax Beans, Tropical Fruit, Milk	Bologna & Cheese on Wheat Fruit Cocktail, Peas, Milk	Pizza Apricots, Green Beans, Milk	Turkey & Cheese Roll Up Mixed Fruit, Pickles & Olives, Milk
Snack		Ritz Crackers & Cheese Stick	Applesauce & Animal Crackers	Juice & Pretzels	Banana & Graham Crackers
	7	8	9	10	11
Breakfast	Cereal, Juice, Milk	Bagel, Applesauce, Milk	Cereal, Banana, Milk	Breakfast Bread, Oranges, Milk	Cheerios , Juice, Milk
Lunch	Peanut Butter & Jelly , Cheese Stick Fruit Cocktail, Peas, Milk	Beef Bites Green Beans, Pineapple, Milk	Ham and Cheese on Wheat Pears, Mixed Vegetables, Milk	Pizza Tropical Fruit, Wax Beans, Milk	Bologna & Cheese Roll Up Mixed Fruit, Corn, Milk
Snack	Mixed Fruit & Gold Fish	Cheeze Its & Juice	Apple & Cheese Stick	Juice & Pretzels	Ritz Crackers & Milk
	14	15	16	17	18
Breakfast	Cereal, Juice, Milk	Blueberry Muffin, Applesauce, Milk	Cereal, Banana, Milk	English Muffin, Mixed Fruit, Milk	Cheerios , Juice, Milk
Lunch	Peanut Butter & Jelly , Cheese Stick Carrots, Fruit Cocktail, Milk	Meatloaf, Cheese Slice, Bread Green Beans, Peaches, Milk	Turkey & Cheese on Wheat Apricots, Wax Beans, Milk	Pizza Corn, Tropical Fruit, Milk	Ham and Cheese Roll Up Mixed Vegetables, Pears, Milk
Snack	Graham Crackers & Milk	Animal Crackers & Juice	Fruit Cup & Cheese Crackers	Savory Chex Mix Crackers & Juice	Cheese Stick & Oranges
	21	22	23	24	25
Breakfast	Cereal, Juice, Milk	Breakfast Bread, Applesauce, Milk	Cereal, Banana, Milk	Bagel , Fruit Cup, Milk	Cheerios , Juice, Milk
Lunch	Peanut Butter & Jelly , Cheese Stick Peas, Peaches, Milk	Hamburger on Bun Baked Beans, Pears, Milk	Bologna & Cheese on Wheat Tropical Fruit, Carrots, Milk	Pizza Mixed Vegetables, Pineapple, Milk	Turkey & Cheese Roll Up Green Beans, Applesauce, Milk
Snack	Animal Crackers & Milk	Juice & Pretzels	Apple & Cheese Stick	Cheeze Its & Juice	Mixed Fruit & Gold Fish
	28	29	30	31	1
Breakfast	Cereal, Juice, Milk	English Muffin, Applesauce, Milk	Cereal, Banana, Milk	Breakfast Bread, Oranges, Milk	Cheerios , Juice, Milk
Lunch	Peanut Butter & Jelly , Cheese Stick Green Beans, Peaches, Milk	Mac and Cheese, Ham Slice Carrots, Tropical Fruit, Bread , Milk	Ham & Cheese on Wheat Pineapple, Peas, Milk	Pizza Corn, Fruit Cocktail, Milk	Bologna and Cheese Roll Up Mixed Vegetables, Fruit Cocktail, Milk
Snack	Ritz Crackers & Milk	Cheese Stick & Gold Fish	Apple & Animal Crackers	Juice & Pretzels	Banana & Graham Crackers